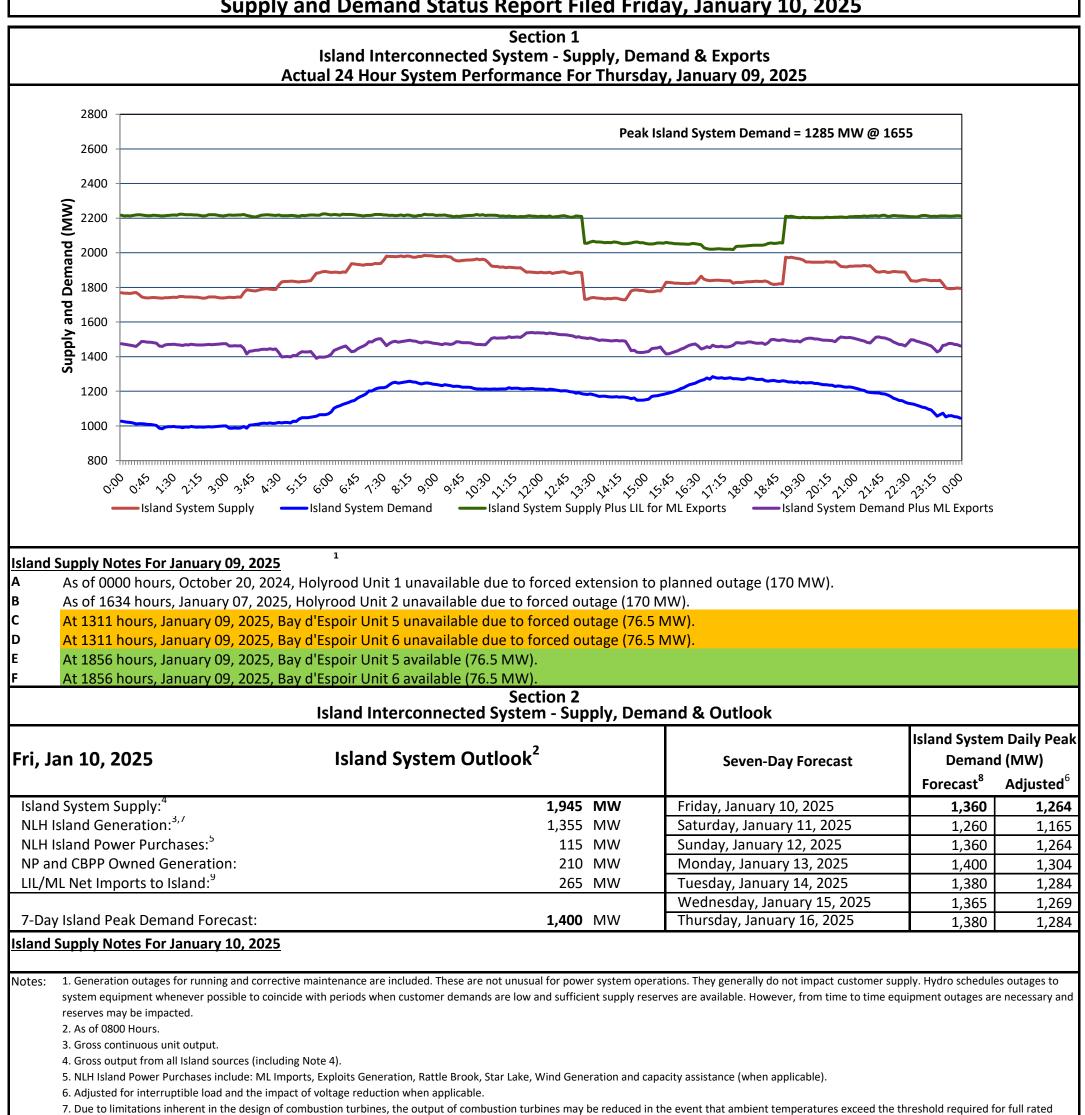
## Newfoundland Labrador Hydro (NLH) Supply and Demand Status Report Filed Friday, January 10, 2025



output. This threshold is dependent on the design of each turbine.

8. Does not include ML Exports.

9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Section 3 Island Peak Demand and Exports Information Previous Day Actual Peak and Current Day Forecast Peak			
Thu, Jan 09, 2025	Island Peak Demand <sup>10</sup>	16:55	1,285 MW
	Exports at Peak		181 MW
	LIL Net Imports to Island		5,377 MWh
<sup>-</sup> ri, Jan 10, 2025	Forecast Island Peak Demand		1,360 MW
Notes: 10. Island Demand is supplied Power, DLP).	by NLH generation and purchases, LIL Imports plus generation owned and open	rated by Newfoundland Power and Corner Br	ook Pulp & Paper (Deer Lake